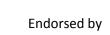
AWARD SPECIFICATION



National Vocational Beach Lifeguard (NVBLQ)

n additional assessment day existing member of SLSGB le to swim a measured distance of 200 metres in a pool of mended length 25 metres, minimum 20 metres, within 5 res. rolment the candidate must be able to demonstrate, to the action of the Trainer, that by the end of the course they will be le of achieving a swim time of 400m in under 8 minutes om assessment, then 12 month annual proficiency (as long as ot lapsed) e rainer Assessor ng Trainer Assessor ng Trainer Assessor
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Based Practical
dation Tube Rescuer
dation Ocean Board Rescuer
provide the learner with an introduction to all elements of beach
t aid, pool skills and open water skills. The course is physically
ing. The NVBLQ is comprised of a variety of units and all must be
ng knowledge and skills to work as a Beach Lifeguard within a beach
and skills needed to Patrol a Beach as a Lifeguard
actices that are in place when working as a Beach as a Lifeguard ommunication methods available to Lifeguards
ister basic life support.
ledge and competence required to undertake first aid in an aquatic
rease and competence required to undertake first and in all aquatic
ess requirements needed to act as a Beach Lifeguard.
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AWARD SPECIFICATION



Assessment Process: This qualification must be assessed by an SLSGB Trainer Assessor The assessment may be conducted in a unitised form at the request of the Trainer Assessor Typical assessment will use various assessment modes to include; **Online Tests Physical Fitness Tests** Water based Practical Role Play and scenario based assessment Theoretical test of knowledge **Typical format of delivery:** 40 hours delivered over a timeframe to suit the Trainer Assessor delivering the course **Supporting Information:** Guidance: Training to be a beach lifeguard involves physical exertion in both indoor pool \geq and outdoor environments. The open water environment also involves variable temperatures of cold water. If a candidate has any medical condition which might impair them they would be advised to contact their GP before undertaking the training course. \geq Candidates should be able to dive, without risk to their hearing, to a maximum depth of 2m. It may be appropriate for candidates to seek medical advice with regard to diving to depths greater than 1.5m. **Resources Available:** Lifeguard Award Trainer Assessor Checklist \geq Lifeguard Manual **MIS** (Membership Not Applicable Information System): **Online Learning Environment** For access to this section of the online learning environment please email mail@slsgb.org.uk who will allocate you a login (OLE): We accept RPL's for the RLSS or SLS Wales NVBLQ (You can download the relevant RPL form **Recognition of Prior Learning:** from our website) It is possible to progress on to the SLSGB Trainer Assessor programme or upgrade this award Progression: to the SLSGB Surf Lifeguard Award

Developed by











